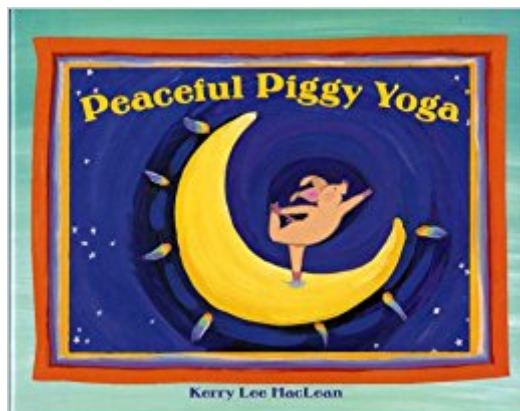


The book was found

Peaceful Piggy Yoga



Synopsis

Who loves yoga? Everyone from ballerinas to football players to moms and dads. This fun and informative picture book guide shows kids—and piggies!—in classic yoga poses, complete with instructions.

Book Information

Paperback: 32 pages

Publisher: Albert Whitman & Company (March 1, 2014)

Language: English

ISBN-10: 0807563838

ISBN-13: 978-0807563830

Product Dimensions: 10.8 x 0.2 x 8.5 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 40 customer reviews

Best Sellers Rank: #61,880 in Books (See Top 100 in Books) #13 in [Books > Children's Books > Growing Up & Facts of Life > Health > Fitness](#) #14 in [Books > Health, Fitness & Dieting > Exercise & Fitness > For Children](#) #85 in [Books > Children's Books > Growing Up & Facts of Life > Health > Personal Hygiene](#)

Age Range: 4 - 8 years

Grade Level: 1 - 3

Customer Reviews

Who loves yoga? Everyone from ballerinas to football players to moms and dads. This fun and informative picture book guide shows kids--and piggies!--in classic yoga poses, complete with instructions.

Kerry Lee MacLean has been teaching children's yoga and meditation internationally for over twenty years. Her books include the award-winning *Peaceful Piggy Meditation* and *The Family Meditation Book*. Kerry and her family live In Boulder, Colorado. Visit Kerry at her website, kerryleemacleanauthor.com Kerry Lee MacLean has been teaching children's yoga and meditation internationally for over twenty years. Her books include the award-winning *Peaceful Piggy Meditation* and *The Family Meditation Book*. Kerry and her family live In Boulder, Colorado. Visit Kerry at her website, kerryleemacleanauthor.com

Love all of Kerry MacLean books. Read them to my toddler as well as my kids yoga classes. They're actually a great reminder for adults as well!

My 2 yr old absolutely loves this book. It's great! The pictures are nice and it's easy to follow.

I bought this so my great-granddaughter and I could do some easy yoga poses together. It's fine for a young child. We had fun both reading the book and trying the poses. I left the book with my g-granddaughter in Utah (I live in NY state) and I'm not sure if she does any of the yoga on her own.

Easy yoga poses and a kid-friendly introduction to using yoga as an appropriate coping/calming skill. Very excited about this!

marvellous story book to initiate kids to meditate!

A book for the younger grandchildren who like to do yoga with their big brother.

Kids in my classroom love this book and use it daily in their free time to practice yoga poses!

I work as a mental health counselor and yoga instructor and this book has been wonderful in teaching children yoga skills.

[Download to continue reading...](#)

Peaceful Piggy Yoga Yoga: 100 Key Yoga Poses and Postures Picture Book for Beginners and Advanced Yoga Practitioners: The Ultimate Guide For Total Mind and Body Fitness (Yoga ... Books) (Meditation and Yoga by Sam Siv 3) Peaceful Piggy Meditation (Albert Whitman Prairie Books (Paperback)) Yoga: The Yoga Beginner's Bible: Top 63 Illustrated Poses for Weight Loss, Stress Relief and Inner Peace (yoga for beginners, yoga books, meditation, mindfulness, ... self help, fitness books Book 1) Yoga: 21 Essential Yoga Poses to Strengthen Your Body and Calm Your Mind (FREE Meditation Bonus!): (Meditation, Yoga Poses, Relaxation, Stress Relief, Yoga for beginners) Yoga Mama, Yoga Baby: Ayurveda and Yoga for a Healthy Pregnancy and Birth How to Sneak More Yoga Into Your Life: A Doable Yoga Plan for Busy People (Yoga for Busy People) Yoga con cuentos: Como enseñar yoga a los niños mediante el uso de cuentos (Cuentos Para Aprender Yoga) (Spanish Edition) Ultimate Hip Opening Yoga Guide: Exercises for Tight Hips & Hip Pain: 4-Week Yoga Guide w/ Videos (Beginner Yoga Guides Book 1) Yoga: A Man's Guide: The 30

Most Powerful Yoga Poses to Sharpen Your Mind and Strengthen Your Body (Just 10 Minutes a Day!, Yoga Mastery Series) Yoga: The Top 100 Best Yoga Poses: Relieve Stress, Increase Flexibility, and Gain Strength (Yoga Postures Poses Exercises Techniques and Guide For Healing Stretching Strengthening and Stress Relief) Easy YOGA GUIDE for beginners: Simple 46 Hatha Yoga Poses for Body and Mind (Yoga for Beginners Book 1) Shadow Yoga, Chaya Yoga: The Principles of Hatha Yoga Glimpses of Raja Yoga: An Introduction to Patanjali's Yoga Sutras (Yoga Wisdom Classics) Yoga Sastra: The Yoga Sutras of Patanjali Examined; With a Notice of Swami Vivekananda's Yoga Philosophy (Classic Reprint) The Berenstain Bears Piggy Bank Blessings (I Can Read! / Living Lights) This Little Piggy/Este Cochinito (Dual Language Baby Board Books- English/Spanish) (Spanish Edition) This Little Piggy Went to Prada: Nursery Rhymes for the Blahnik Brigade Yoga Diet: How to Energize Your Yoga Practice and Nourish Your Body for Optimal Health and Happiness Yoga For Weight Loss: Yoga Weight Loss Secrets to Melt Fat, Trim Inches and Get a Youthful Sexy Body –FAST!

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)